New England Deaconess Hospital
Boston, Massachusetts

pulse

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Oncology workshop gives overview on care of cancer patient

Approximately 20 percent of the inpatients at New England Deaconess Hospital have cancer. Their care involves the physician, nurse, dietitian, social worker, physical therapist, pharmacist, and many other members of the health care team. Twelve members of the Deaconess staff and three guests presented a two-day oncology workshop, "A Systematic Approach to the Care of the Cancer Patient," to satisfy the need for a more in-depth knowledge of various aspects of cancer. They not only discussed the disease process and medical treatment, but also presented selected aspects of supportive care necessary to maintain a good quality of life.

Constance Donovan, R.N., clinical nurse specialist in oncology; Edith Lenneberg, coordinator, Anne McCormack, R.N., and Margaret O'Connell, M.S.W., ambulatory rehabilitation, planned the workshop to identify and deal with the impediments to providing comprehensive care to cancer patients.

Following greetings from Director of Nursing Ellen D. Howland, Paulette Starck, R.N., a specialist in oncology nursing, discussed the pathology of cancer, its cell life cycle, characteristics of benign and malignant tumors and metastases. Judith Silman, R.Ph., a pharmacist at the Deaconess, explained the mechanism of action of the chemotherapeutic agents, giving examples of the agents' side effects and the reasons for combination therapy.

"Clinical Trials in Chemotherapy" was the overall subject of the talks given by Dr. Jacob Lokich, NEDH oncologist, Joan Reilly, R.N., Deborah Foley, R.N., and Robert Pence, administrative director of CRI and assistant director of the Deaconess. They covered the evaluation of new agents, the purpose of research protocols, evaluation of the response to treatment, the nurses' role and responsibility in research protocols, and institutional safeguards.

Dr. Ralph Weichselbaum discussed decision making in radiation therapy and Dr. Blake Cady presented facts on treatment decisions in breast cancer. Dr. Weichselbaum explained the criteria he uses to select radiation

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Mr. Gilrane named hospital safety manager

John Gilrane has been named safety manager and will be responsible for developing and supervising a hospital-wide safety program involving patients, employees, staff, and visitors. He will assure that the hospital is in compliance with applicable federal, state, and local safety, health, and fire laws.



John Gilrane

Since 1974 Mr. Gilrane has been the director of employee health and safety at St. Vincent's Medical Center, Bridgeport, CT. He developed programs in employee health, safety, fire prevention, and disaster preparedness. He also ensured hospital compliance with regulatory agencies such as the Joint Commission, State Health Department, and Occupational Safety and Health Act.

Prior to this position, Mr. Gilrane was administrative assistant, procurement division, of the New York City Health and Hospitals Corporation. He interviewed and screened vendors in the areas of pharmaceuticals, medical-surgical supplies, laboratory and radiology equipment, and housekeeping and food services materials.

Mr. Gilrane had been administratively responsible for the unit manager program at the Cabrini Health Care Center, New York City.

A graduate of St. John's University, New York City, Mr. Gilrane received a master of business administration from Long Island University, Brooklyn.

He and his wife Lenore, who is a social worker, have just moved to the Boston area.

Cancer symposium focuses on multidisciplinary strategies for cure of cancer

"Cancer Management: Strategies for Cure" will be the subject of the New England Deaconess Hospital's annual spring post-graduate course, to be held here in the Joslin Auditorium on June 2, 3 and 4. Presented by the NEDH Cancer Committee in conjunction with Harvard Medical School, this year's course offers an especially exciting program analyzing current trends in the therapy of major cancers. The focus will be on the multidisciplinary approach to cancer management. An updated review of the strategies as well as the controversies involved in the curative approach to breast cancer, colorectal cancer, lymphomas, and sarcomas will be presented by a panel of specialists in surgery, radiotherapy, medical oncology, chemotherapy and immunology, as well as pathology and radiology.

Dr. Walter Lawrence, professor of surgery at Medical College of Virginia, and Dr. Joseph Bertino, professor of medicine at Yale Medical School and a national figure in the field of chemotherapy, are serving as guest moderators. This year's program is being coordinated jointly by Dr. Blake Cady, staff surgeon of the Deaconess and Lahey Clinic, and Dr. Jacob J. Lokich, section chief of medical oncology at NEDH.

NEDH has sponsored an annual course in selective topics in cancer since 1972. Previous topics have included endocrine tumors, lymphomas, and pulmonary tumors. Last year's course focused on gastrointestinal neoplasms. The format of previous year's courses included case presentations by multispecialist panels. Physicians from all parts of the country, and occasionally from as far away as South America and the Caribbean attend annually.

This year's course will be presented over two-and-a-half days in half-day sessions. The first four focus on presen-

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Mr. Flaim appointed administrator, at CRI, and manager of office of grants and contracts



Mark Flaim

Mark Flaim has been appointed administrator, Cancer Research Institute, and manager, office of grants and contracts. Constance Langone, who had previously been manager of the office of grants and contracts at CRI, has become grants and contracts manager at the Worcester Foundation for Experimental Biology.

Mr. Flaim will manage research grants and contracts for all of the hospital and CRI and will be responsible for the CRI facility and its personnel.

He reports to Dr. William V. McDermott, Jr., CRI scientific director, and Robert Pence, assistant director of the Deaconess.

Mr. Flaim has been a fund accountant in the accounting department of Massachusetts General Hospital for over four years. He monitored all the fiscal activty of medical research contracts and prepared and submitted all the necessary fiscal reports.

A graduate of Bryant College in Smithfield, RI, Mr. Flaim received his B.S. in business adminstration.

He lives in Lexington with his wife Ilene, a medical secretary and administrative assistant at Tufts-New England Medical Center.

Giving the hand service a hand

When Dr. Henry Brown says, "Give me a hand," he is not asking for applause. He's asking to see hands that need special care. Hands that have acute injuries or chronic lesions are seen in the hand service run by hand specialist Dr. Brown. The service was established with his appointment to the associate staff of the Deaconess last fall.

At the hand clinic patients are seen with acute trauma, such as tendon and nerve injuries and open fractures, but it is more common to see the chronic lesions associated with diabetes.

"There are degenerative changes associated with diabetes," said Dr. Brown. "Many diabetics have hand lesions due to their disease." There are many abnormalities of the connective tissue. Some problems are tendon compression, such as trigger finger, a case where the index finger locks, and nerve compression, where there is tingling and numbness.

The most common problem the hand service treats is Dupuytren's contracture, a thickening of the deep connective tissue (fascia) of the palm. As the fascia thickens, it contracts and pulls the fingers into the palm.

When the patient is referred to the hand service for treatment, he or she may see other specialists in addition to Dr. Brown. Dr. Daniel Tarsy, neurology, examines over half the patients who pass through the service, seeing many hand lesions where the nerves are restricted or impaired. "He gives the objective, quantitative data, and his opinions are invaluable in making the clinical decisions," said Dr. Brown.

Surgery is performed by Dr. Brown, as well as Dr. Howard G. Parker, orthopedic surgery, and Dr. Richard G. Parry, plastic and reconstructive surgery, both of the Lahey Clinic.

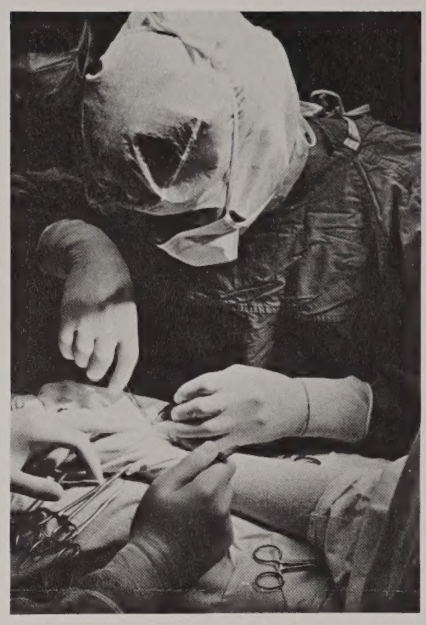
Julie Sorkin, R.P.T., physical therapy, works very closely with the hand service patients. Maisie Brangman, R.N., supervisor of ambulatory services, and the radiology department also provide support.

The first contact a patient may have with the service may be either at the hand conference or hand clinic, held every Friday.

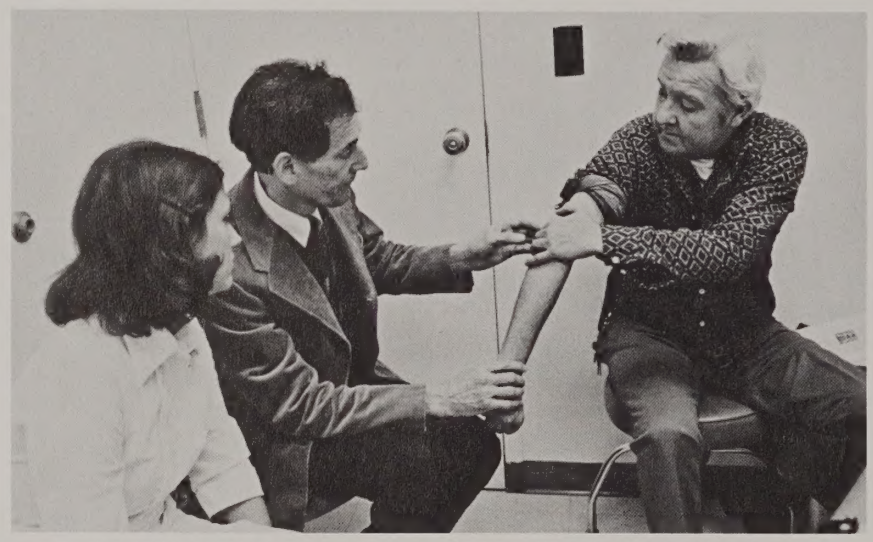
At the hand conference Dr. Brown, one or two staff physicians, medical students, residents, and physical therapists exchange information on specific hand cases. A patient will be presented and the group will give opinions on the treatment plan.

Dupuytren's contracture was the subject of one conference, and Dr. Brown asked pointed questions about the course of the disease of the medical students and physical therapists who attended. What do you think we ought to do for Dupuytren's contracture? When should you do something about it? He went around the table asking questions, but he also provided information, giving the historical and medical aspects of the disease.

At the conference a patient with the disease displayed his hands for examination, and the group discussed treatment for his particular case.



Surgery is often the solution for correcting a hand problem. Dr. Brown performs all hand surgery at the Deaconess.

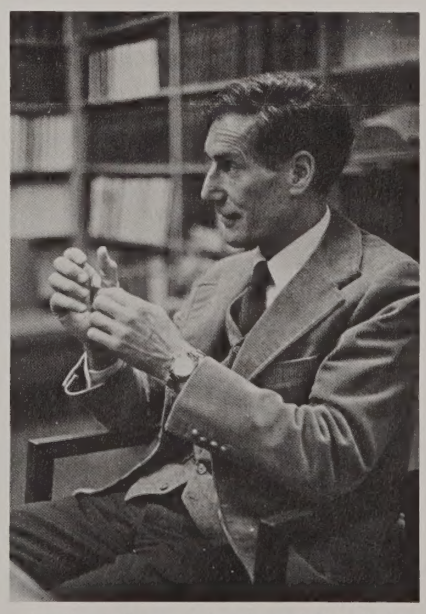


The hand clinic is held once a week for examinations of hands with chronic lesions or those injured by acute trauma. In this photo Julie R. Sorkin, R.P.T., and Dr. Henry Brown examine a patient who injured himself in an industrial accident.

Splinting is often the treatment for Dupuytren's contracture and for stiff hands caused by arthritic changes and by nerve disorders associated with diabetes. Julie Sorkin, and the other physical therapists, do splints and exercises with the hand to relieve neurologic symptoms or to heal a fracture.



At the hand conference Julie R. Sorkin R.P.T.; Carol Ansaldi, S.P.T., (student, physical therapy); Valentin Hernandez, medical student; Gail Russell, S.P.T.; and Katie Kiely, S.P.T.; (pictured l.-r.) examine a patient's hand for signs of Dupuytren's contracture.



Dr. Henry Brown, a hand specialist who has organized the hand service, gives his opinion during a conference.

Surgery is performed when the hand is incapacitated by disease or when the hand has suffered from acute trauma, such as an industrial accident.

When the hand conference is over, the hand clinic begins on Deaconess 2 in the ambulatory services area. Once a week patients with hand injuries or lesions are examined by Dr. Brown, while Ms. Sorkin splints and exercises the hands.

If surgery is necessary, Dr. Brown will explain the procedure telling patients who have lost some function in their hands, how much motor control they can expect to regain after the operation. All hand surgery is performed at the Deaconess. Although he does not do this type of surgery now, Dr. Brown is looking forward to doing digital surgery and replantation.

The hand service sees about 12 patients a week. Dr Brown would like to expand the service by holding the hand clinic twice a week so that more patients can be treated. He would also like to see the service become part of the training program for house officers.

"I want the service to be a place in the hospital where physicians and allied medical professionals can improve their hand care," he said. Dr. Brown doesn't want applause for his efforts . . . just more hands.

Symposium . . .

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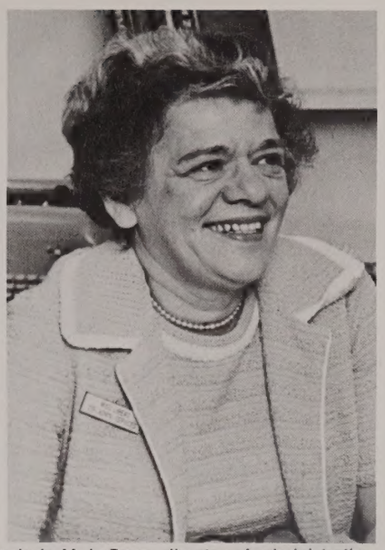
tations of recent information in the areas of primary breast cancer (Thursday morning), colorectal cancer (Thursday afternoon), lymphomas (Friday morning), and soft tissue sarcomas (Friday afternoon).

Each session will include a 30-45 minute lecture by a leader in the field of related radiation therapy, surgery and chemotherapy. Commentary by the guest moderators and other participants, as well as the audience, will follow each presentation. The fifth session on Saturday morning will involve three simultaneous workshops or panel discussions on malignant melanoma, ovarian and testicular cancer, and pediatric tumors. Each of the latter sessions will consist of a multidisciplinary panel which will review concepts and advances in patient management, with participants and audience invited to bring up specific cases.

Two special addresses on radiology will highlight the proceedings. "Mammography: Methods and Controversy" will be presented by Dr. John Bailar, editor-in-chief of the Journal of the National Cancer Institute. Dr. Norman L. Sadowsky, chief of the department of radiology at Faulkner Hospital, and Dr. Melvin Clouse, chief of diagnostic radiology at NEDH, will treat the subject of "Tumor Angiography: Staging and Therapy."

A comprehensive syllabus prepared by each of the program participants will be offered each enrollee. The course has a category I accreditation for approximately 17 hours toward the AMA Physicians Recognition Award. NEDH staff members are invited to attend and should contact Dr. John McKittrick, chairman of the NEDH Cancer Committee, if they wish to audit.





Ellen Adams (l.), associate director, and Marjorie M. LeBeau, director of administrative services, retired from the hospital on April 15.

Miss Adams and Miss LeBeau retire from administration

On April 15, two women who have given a total of 62 years of service to the hospital bid their quiet farewell and started their well-earned retirement. Associate Director Ellen Adams left the Deaconess after 33 years, and Marjorie M. LeBeau, director of administrative services, retired after 29 years with the hospital. Although they preferred to say their goodbyes quietly and did not want retirement parties, the two were given gifts which say thank you for so much. They also were presented with a collage of photos showing their years of involvement in hospital activities and offering memories of the many friends they made here.

Since 1972 Miss Adams had been associate director, a position that placed her in charge of the hospital's daily activities in the absence of Director Richard E. Lee. In addition, she has carried heavy adminstrative responsibilities for years.

Miss Adams joined the Deaconess in 1944 as the hospital's first personnel director. By evaluating all jobs within the hospital, centralizing employee recruitment, recommending personnel policies, and establishing wage and salary administration, Miss Adams laid the foundation for today's employee relations department.

In 1963 she became assistant director of the hospital, but maintained the duties of personnel director until 1965, when she was asked to give all her time to administration.

After graduating from Oberlin College, Ohio, with a B.A. in French and history of art, she completed a one-year course at Katherine Gibbs before working as a secretary for five years in Boston and Cleveland. Miss Adams then completed the Harvard-Radcliffe Program in Business Administration and worked as a research assistant in job evaluation at the University of Rhode Island's School of Business Administration before joining the Deaconess 33 years ago as personnel director.

Miss Adams is a past president of the Massachusetts Hospital Personnel Director Association and the Womens Personnel Club of Boston. She is a member of the American College of Hospital Administrators, American Hospital Association, American Society of Hospital Personnel Directors, Massachusetts Hospital Assocation, and the Health Care Management Association of Massachusetts.

Recognition of her work is noted in *Who's Who of American Women* and the *Dictionary of International Biography.*

Marjorie M. LeBeau has been director of administrative services since 1964. Her department interacted with nearly everyone at the hospital because it was involved in all phases of communication within the hospital complex. Miss LeBeau was responsible for the telephone service, answering service, mail and messenger service, housing, parking, and lost and found. She also worked with the volunteers.

Miss LeBeau came to the Deaconess in 1948 as secretary to the chief dietitian, Effie May Winger. Seven years later she was named administrative assistant in the dietetics department, a position she held for nine years, until her appointment as director of adminstrative services.

A graduate of the Chandler School, her first job was with the Planned Parenthood Association. She then spent five years as a secretary in industry before joining the Deaconess 29 years ago.

An avid reader, Miss LeBeau also enjoys music and the theater, interests which she shares with Miss Adams. Both women, who live in Wellesley with Miss LeBeau's sister Connie, attend the Celebrity Series and Boston Symphony Orchestra concerts. Miss LeBeau is a member of the Theater Guild.

Miss Adams and Miss LeBeau have traveled extensively over the years, visiting Europe several times as well as Bermuda and parts of the United States.

Retirement will allow them to continue their travels more often. In fact, as they left the hospital on April 15, they were planning a trip to Virginia.

Workshop . . .

(Continued from page 1)

therapy as a treatment modality, and the pre-treatment planning steps. Alternative approaches to the management of breast cancer, discussed by Dr. Cady, provided a helpful perspective at this time when breast cancer is a topic frequently gaining newspaper coverage.

Margaret O'Connell, M.S.W., interviewed two patients to illustrate that the interviewer (social worker or nurse) must understand the illness within the context of the patient's life style and goals when planning care and rehabilitation. It was noted that the aim of an initial interview is to understand the patient's immediate needs as well as to do an evaluation to determine physical and psychosocial impediments to function. After Ms. O'Connell interviewed the patients, participants in the workshop were also able to talk with them.

On March 17, the second day of the workshop, Beatrice Kastenbaum, R.N., a faculty member at Boston College, discussed "Systematic Assessment, Planning and Intervention for the Nursing Care of the Chronic Cancer Patient." Using material from the previous day's interview with the patients, she pointed out that problem identification, nursing care and intervention are dependent on a comprehensive data base.

"Stalls" in the therapeutic process was the subject for Carol Garant, R.N., clinical nurse specialist in consultative and liaison psychiatry. A stall, she said, may be the result of faulty communication or opposing goals, as may occur when working with chronically ill people in an acute-care oriented environment. Ms. Garant explained therapeutic techniques which could be used in preventing stalls from interfering in the therapeutic process.

Nutritional assessments of cancer patients can be made by taking anthropometric measurements, skin testing, utilization of the medical record for data, and the patient interview. Joanne Wade, R.D., and Ann McCarthy, R.D., clinical dietitian specialists, illustrated how the assessment is done. They discussed nutritional care plans which include teaching, and which may involve feeding supplements and feeding methods.

In the lecture "Maintaining and/or Improving Neuro-Muscular Competence," Susan LaFleur, R.P.T., said that physical therapy emphasizes functional maintenance exercises and daily living. Rehabilitation of mastectomy, lung, neurologically-impaired, radical neck dissection patients and cancer patients who have had amputations begins immediately with exercises to improve range of joint motion, develop gross muscle strength, and to enable the patient to continue the activities of daily living.

"Infections can be the cause of death in cancer patients, especially in leukemics," said Virginia Dunn, R.N., clinical nurse in oncology at the Peter Bent Brigham Hospital. In her talk "Teaching the Patient to Live with a Compromised Immunologic System," she described how cancer and its treatment alters the immunology system and what precautions must be taken in caring for the patient to prevent infections. Precautionary nursing measures involve maintaining the integrity of the skin and mucous membranes. Good general hygiene and proper nutrition are also important.

Over 100 people attended the oncology workshop, with representatives from many departments of the hospital.



FRIENDS RECEIVE VOLUNTEER OF YEAR AWARD. *As reported in the March Pulse, the Friends of the Deaconess were given the Group Volunteer of the Year Award for 1977 by the National Association of Health and Welfare Ministries. The award was presented to Mrs. George Dempsey (r.), president of the Friends, by Lena Mae Rust, president-elect of the association, at the association's 37th annual convention in Philadelphia on March 6.*

Employees in action . .

Carol Garant, R.N., clinical nurse specialist in consultative and liaison psychiatry, discussed "The Process of Change—Making it Work for You" at the seminar "The Psyche-Soma Marriage" held February 7-9 in Philadelphia.

Anne McCormack, R.N., CRI, talked on "Aspects of Cancer Rehabilitation" to the Occupational Health Nurses on February 26 in Burlington.

Joanne E. Wade, R.D., dietitian specialist, published the article "Role of a clinical dietitian specialist on a nutrition support service" in the February issue of the *Journal of the American Dietetic Association.*

Tickets on sale for NEDH Night at Pops

Tickets for Deaconess Night at the Pops will go on sale in the Farr lobby on June 1 and 8. July 6 is the night for entertainment at air conditioned Symphony Hall. Tickets are $9 and $11, tables are $45 and $55. Checks should be made payable to the Friends of the Deaconess. Tickets must be ordered before June 16.

Deaconess Night at the Pops is sponsored by the Friends of the Deaconess. All profits from ticket sales will benefit the NEDH School of Nursing Scholarship Fund.

For further information contact Mrs. Elmer Hinton, 45 Washington Avenue, Wellesley Hills, MA 02181.

Service award coffee hour honors long-term employees

At the service award coffee hour on March 31, President Laurens MacLure and Director Richard E. Lee welcomed award recipients, who had been at the Deaconess from five to thirty-five years, and members of administration. After distribution of the pins for long-term service, the crowd enjoyed coffee, danish, and conversation.



Fifteen-year service award recipients pose with Director Richard E. Lee (far left) and President Laurens MacLure (far right) after receiving their pins. Pictured are: (l.-r.) William J. Nichols, EEG; Mary Weigand, messenger; and Gladys R. Healy, chief telephone operator. Mary Fox, IV therapy, could not attend the coffee hour.



Phyllis F. Giardini, (l.), nursing service, 25 years, and Natalie E. Fossati, Shields Warren Radiation Laboratory, 35 years, are congratulated by Director Richard E. Lee (l.) and President Laurens MacLure for their many years of service to the hospital. Arthur F. Buttrick, dietetics, 25 years, could not attend the coffee hour.



Ten-year service award recipients are: (l.-r.) Lemuel A. Murrell, building services; Alice E. Wells, dietetics; Ann C. Bourgeois, hematology; Dorris M. Fisher, service coordination; and William T. Wambolt, accounting. Edith S. Lenneberg, CRI, could not attend the coffee hour.



Five-year service award recipients are: (l.-r.) Richard C. Heckel, accounting; Robin A. Destefano, anatomic pathology; Helen L. Gibson, religious services; Joan I. Reilly, observation unit; and Irene E. Ellis, ambulatory services. Not pictured are Susan Bartek, chemistry; Judith A. Cambria, nursing service; Joyce Clement, dietetics; Louis H. Emond, diagnostic radiology; Stewart Faulkner, chemistry; Philip E. Glynn, nursing service; Roslyn S. Kramer and Pamela A. Pasakarnis, chemistry.



Five-year service award recipients are: (l.-r.) Walter Hirtle, Jr., operation of the plant; Katherine Wilson, IV therapy; Leonne Rinchere, building services; Birdie L. Hanson, nursing service; Mary E. DeBettencourt, social service; and Dipak G. Desai, Lowry Medical Building.

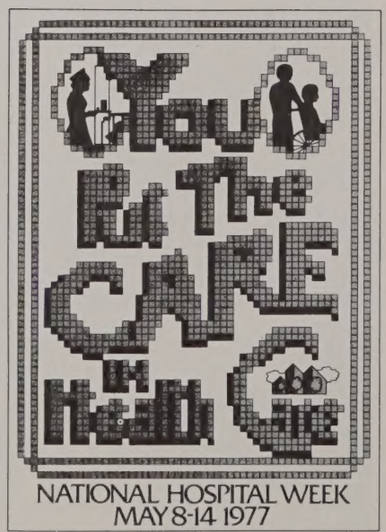
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pulse

The New England Deaconess Hospital is a 489-bed and 16-building complex. Physicians from the Joslin Clinic, the Lahey Clinic, Overholt Thoracic Clinic and the independent medical and surgical staffs serve the needs of their patients at the hospital. The Deaconess is internationally known for diagnosis, treatment and research in brain and chest surgery, cancer, diabetes and general medicine, and is affiliated with Harvard Medical School.

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